Institute for Economic Empowerment of Women
Mentorship Toolkit 2022

Overview
The Institute for Economic Empowerment of Women (IEEW) is a non-profit organization that exists to educate and empower women business owners around the world economically, socially, and politically. We do this through our signature PEACE THROUGH BUSINESS® (PTB) program, which uses a four-pronged approach focused on in-country education in Rwanda and Afghanistan), U.S.-based Leadership Development, mentorship, and paying it forward in local communities.

Mentorship provides a solid foundation for women around the world to learn from each other, develop lasting relationships, and increase their entrepreneurial expertise. IEEW pairs American women business owners with students from Afghanistan and Rwanda for the duration of their PEACE THROUGH BUSINESS® experience. The PEACE THROUGH BUSINESS® mentorship program, now in its 16th year, is considered one of the most important pieces of the student's education.

Our goal is to develop a network of global entrepreneurs excited about becoming long-term mentors, potential business contemporaries, and allies. It is our hope that both the mentee and mentor will benefit from this relationship long after the commitment to the PEACE THROUGH BUSINESS® program is complete.

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-Laurie Johnson,
Mentor, Phoenix, AZ
What is Mentorship?

Mentorship is a relationship between two people in which the person with more knowledge, experience, and connections in a particular field (the mentor) is able and willing to share what they have learned to an individual in that field who is less knowledgeable or professionally accomplished (the mentee). A mentor is seen as an experienced or trusted adviser, guide, teacher, confidant, even friend. Mentors are often the primary people someone relies on for guidance and advice.

Benefits of Mentoring

Mentoring is about giving something back. Being a mentor is an opportunity for you to share your knowledge and experience with another woman for the purpose of improving her business and life. You will be able to provide guidance, motivation, support, and role modeling - improving the status of women both domestically and internationally and paving the way for future generations of women entrepreneurs. The PTB program allows you to assist emerging women entrepreneurs from Afghanistan and Rwanda in growing their businesses, supporting their families, and building their countries.

- Gain broader insight into global business and work issues
- Increase your ability to work with individuals with diverse backgrounds
- Increase your ability to transfer knowledge more effectively
- Grow your leadership capacity
- Improve your communication skills

Benefits of Being Mentored

The benefits of being mentored are numerous. As a mentee, you have the opportunity to learn from someone who is farther along in their career and has gained expertise and experience that they can share to support you in your own career development.

- Gain expertise and business acumen in specific areas
- Increase your self-confidence and self-awareness
- Develop leadership skills
- Develop strong communication skills
- Build a professional network
- Get new and different perspectives

PEACE THROUGH BUSINESS® Mentorship Program

The PEACE THROUGH BUSINESS® program begins in January with approximately 30 students in both Afghanistan and Rwanda enrolled in an eight to ten week in-country course taught with curriculum developed by Northwood University and enhanced by IEEW and supporting business experts. The Rwandan and Afghan students who wish to receive mentorship are matched with veteran women (and men) business owners/leaders who will provide mentorship throughout the program. The mentors are then introduced to their mentee(s) via email as soon as class work begins. For 2022, IEEW will not be matching mentors and mentees on a 1:1 basis, but rather is putting together a group of mentors who will each be assigned to multiple mentees. All mentorship will be done virtually for our 2022 program.

Throughout the course, the mentees will have the opportunity to discuss their coursework and business with their mentor and ask for advice on putting together their business plan. To complete the in-country course, Afghan and Rwandan students must present their business plan to a panel of five independent, professional volunteers and instructors. The top seven students from each country (determined based on their business plan presentation, quiz and assignment grades, and class attendance) are invited to attend IEEW’s Leadership Development program in the U.S. During Leadership Development, students receive additional training in
marketing, finance, accounting, and other key business topics. For 2022, the Leadership Development program will be held in July at Northwood University in Midland, Michigan.

Before and after Leadership Development, mentors and mentees continue meeting virtually, with mentors providing ongoing support and advice to mentees on their business. The mentorship program for our 2022 class will end in December.

Mentorship Timeline

January 2 – December 31, 2022

January 2, 2022 – Classes begin virtually in Afghanistan
January 10, 2022 – E-mentorship pairing begins for Afghan students
January 11, 2022 – Classes begin in-person in Rwanda
January 17, 2022 – E-mentorship pairing begins for Rwandan students
January-March 2022 – E-Mentorship focus is on course curriculum and building a business plan
April – December 2022 – E-Mentorship continues for all students

The Mentorship Conversation

Week 1 (January 2-8 Afghanistan) (January 11-17 Rwanda):
- Get to know each other
- Share your personal stories
- Set up a reliable system of communication

Week 2 (January 9-15 Afghanistan) (January 18-24 Rwanda):
- Start a conversation about the business plan
- Review skills and advantages
- Create a description of the business

Week 3 – 4 (January 16-29 Afghanistan) (January 25-February 7 Rwanda):
- Review SWOT analysis and the marketing mix
- Create a marketing plan

Week 5 – 7 (January 30-February 12 Afghanistan) (February 8 -21 Rwanda):
- Review basic accounting - practicing transactions
- Review financial management
- Review human resource management
- Build on the business plan

Week 8 – 10 (February 13- 26 Afghanistan) (February 22-March 7 Rwanda):
- Review taxation law & exporting
- Complete the business plan
- Business plans presented to the independent panel of judges
- Summary & in-country graduation

Post-Course (February 27 Afghanistan) (March 8 Rwanda):
- E-Mentorship continues

*NOTE: The busiest time for E-Mentorship is early- to mid-March, when business plans are due.
Organizing the Business Plan

The PEACE THROUGH BUSINESS® in-country program requires each Afghan and Rwandan student to complete and present their business plan to a panel of judges at the end of their eight to ten week course. The mentor can be a great sounding board for helping the mentee complete their plan and prepare to present it. Support on business plan development can include:

- Ensuring all necessary components of the plan are included
- Encouraging the mentee to think strategically about their plan
- Asking questions when a portion of the plan does not make sense or seem to be realistic
- Providing minor assistance with editing and grammar
- Bringing in support on particular aspects of the business plan that are not your forte (Additional support can come from the mentor’s own network or the IEEW team can help you find the right person.)
- Providing coaching on presenting a plan

Mentorship Expectations

For the Mentor

- Ultimately, we ask each mentor for a one-year commitment to the mentee(s).
- Commit to a conversation once per week during the in-country course and at least twice per month for the remainder of the year.
- Provide support, advice, and guidance to the mentee(s) via email, Skype, Signal, WhatsApp, Facebook Messenger, or whatever communication platform works best.
- Provide IEEW with quarterly progress reports summarizing the mentorship process.
- Bring in co-mentors (e.g. colleagues) to assist with specific skills if needed. (Optional)
- Approval for IEEW to feature your mentorship experience in social media or marketing materials. Additionally, we encourage you to share your experience as an IEEW mentor with others to increase awareness about our program. (Optional)
- Attend IEEW Leadership Development for a deeper immersion into the program. (Optional)
For the Mentee
The PEACE THROUGH BUSINESS® mentorship program is mentee driven: You, as the mentee, must take the initiative and do the legwork in the relationship. This is part of your learning process. IEEW will share your application and biography with the mentor prior to introduction, but you are responsible for reaching out to your mentor and getting the conversation started. You should not expect answers from your mentor. Rather, the mentor is there to help you think through options, formulate a plan, and ultimately make decisions for yourself. Consider mentorship as an opportunity to look more closely at yourself, become more self-aware, and take responsibility for your life’s direction.

Here is some information you might consider discussing with your mentor at the beginning:

- Your short- and long-term objectives and goals and your personal priorities
- Your expectations for the PEACE THROUGH BUSINESS® program and what you want to learn through the mentorship
- Your mentor’s strengths and in what areas your mentor can help you most
- What your career journey up to today has been
- Your plan for the next six months

Later, you can delve deeper into the conversation with topics such as:

- This week, we talked about this business concept, and I have questions I would like to ask that pertain to the topic…
- These are the projects I would like to implement in my business…
- Do you have any real life examples of how you have worked through an issue like this…

Tips for a Successful Mentorship Experience

The level of success realized from mentorship greatly depends on attitude and commitment.

- Prepare information on yourself and your business in advance of meeting with them.
- Establish mutual trust and understanding.
- Respect each other’s time by being available during agreed times.
- Prepare your questions for your mentor in advance of your time with them.
- Exercise confidentiality by keeping information that is shared between the two of you.
- Practice empathy and understanding of each other.
- Encourage your mentee in what they are doing well.
- Express gratitude for your mentor’s time.

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-Laurie Johnson, Phoenix, AZ

“In another of life’s strange coincidences, her goals [Emily, mentee] are pretty much what I did when I started my first business years back. So this seems to be a good match. Even the countries she wants to work with I either have my own office, or a partner, and in most cases they are women business owners too… I really enjoyed working with Josephina last year and made a life-long friend in the process.”
-Susan St. Germain, Houston, TX

“The opportunity to collaborate with a female entrepreneur in Rwanda has broadened my daily business awareness and expanded my knowledge.”
-Cathy Cruzan, Mentor, Edmond, OK
Additional Information & References

Business and Mentorship Tools

Mentoring in Entrepreneurship Support: Some Basics:

Cultural Considerations
PEACE THROUGH BUSINESS® mentees and mentors come from diverse backgrounds and have different experiences. As you prepare to interact with someone from a different culture, it is important to know some basics about communication and perspectives.

Afghanistan Daily Life and Social Customs:

Afghan Culture: https://culturalatlas.sbs.com.au/afghan-culture/afghan-culture-family

A guide to Afghanistan – etiquette, customs, clothing and more:
https://www.kwintessential.co.uk/resources/guide-to-afghanistan-etiquette-customs-culture-business

The Culture of Rwanda: https://www.worldatlas.com/articles/the-culture-of-rwanda.html

Rwandan Culture and Traditions: https://www.visitrwanda.com/interests/rwandan-culture-and-traditions/

Rwanda Culture: https://www.worldtravelguide.net/guides/africa/rwanda/history-language-culture/

American Culture: https://culturalatlas.sbs.com.au/american-culture/american-culture-communication

Security
For your safety and security, we ask that personal information related to finances not be shared. It is not appropriate for a mentee to request funds be sent from a mentor. No trips to visit a mentor or mentee should be planned without first consulting with IEEW staff.

To apply to be a
PEACE THROUGH BUSINESS® mentor:

https://ieew.org/get-involved/ptb-mentors/

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